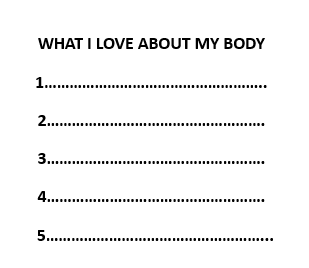
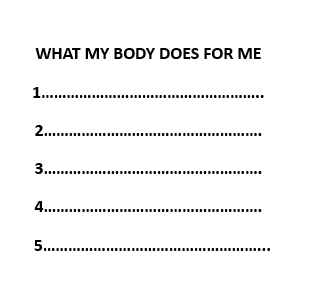


**GO L\*VE YOURSELF BODY POSITIVITY WORKSHEET**

Let’s put in writing what you like about yourself and what your body does for you. This is something you can keep referring to, please be honest!



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